

# Spiritual strength in childhood ( how the religious aspect works in building the Child's personality and happiness)

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**Abstract:** Childhood is not just a station for future use. And religious education is at the heart of this foundation, which is with love, guidance, inner peace, and outer awareness. And because raising a child is a journey full of challenges and questions, especially in our contemporary world full of dispersion and rapid changes, there is an urgent need to build bridges of spirituality and ethics, education, management, and teaching these optics, religion, religion, religion, teachers, and childhood. Full focus on the child for his good development. and stitch it | Raising a child is more than just teaching rites and rituals, it is a comprehensive process to develop the child's personality spiritually and morally, these different life messages, where religious teachings harmonize, encourage him to grow, and bond.

In this article, we discuss some theories about the importance of the religious aspect in the development of the child's personality, what are the effects of the presence of religion in the child's life, and how it positively affects the child's personality.

**Keywords:** Religion, character , child , basics

## INTRODUCTION

This study discusses one of the causes of a child's psychological development and great attention to the child's religious aspects, with an explanation of the influence from the child's side that will make him feel happy during his growth and life. And, as I explained, there is the study of the "Influence of Religion on Happiness": researchers at Harvard University conducted a 20-year study entitled "The Study of Happiness." They found that people who practice religion regularly suffer from lower rates of mental illness and feel happier and more satisfied with their lives while always achieving success and struggling with less failure and discouragement.

## CONCLUSION

In this study, after explaining what religion is and how it can positively affect a child's personality, we conclude the following:

- 1) Religion can provide children with a framework for meaning and purpose in life, helping them deal with challenges and hardships.
- 2) The religious aspect of education may lead to the development of children's social abilities, such as empathy, tolerance, and cooperation with others.
- 3) Religion may act as a psychological and spiritual support for children, and give them strength and hope in facing the pressures of life.
- 4) Religion can contribute to the development of children's moral values and contribute to building a more harmonious and tolerant society.
- 5) The religious aspect of a child's upbringing must be dealt with with caution, taking into account freedom of belief and respect for religious and cultural diversity.

### **1. Definition of religious education:**

Religious education is the process of instructing and teaching children and youth about religious values, beliefs, and practices. It aims to develop an individual's religious and spiritual awareness and to enhance understanding and appreciation for the spiritual and moral dimensions of life. Religious education includes teaching the child the religious concepts, beliefs, laws, and morals that form the core of the religion that the child follows and teaching him values and good behaviors.

Religious education depends on sacred religious sources such as the Bible, the Holy Qur'an, supplications, and other religious teachings. Religious education helps children understand religious beliefs and teachings and apply them in their daily lives.

Religious education aims to encourage children to discover their religious identity and to strengthen the relationship between them and God or the higher power in which they believe. It works to develop moral values and promote justice, tolerance, benevolence, honesty, courage, humility, and giving.

The importance of religious education is that it provides children with a strong moral framework and reference based on religious values to make the right decisions and direct their behavior positively and responsibly. It also helps in enhancing the emotional

and spiritual stability of the child and provides spiritual support in facing challenges and difficulties in life.

In general, religious education seeks to build a balanced and positive personality and to strengthen the link between individuals and society through religious values and teachings.

## **2. The importance of the religious aspect in raising a child and his personality:**

The religious aspect plays a vital role in raising and shaping the child's personality, and here is the importance of the religious aspect in the education and personality of the child:

- a. Guiding values and morals: The religious aspect helps in instilling noble moral values in the heart and mind of the child, such as honesty, justice, tolerance, giving and humility. It teaches the child the importance of these values and how to apply them in their daily life.
- b. Communication with the spiritual world: The religious aspect enhances the child's spiritual awareness and helps him develop his relationship with God or a higher power and understand the spiritual dimensions of life. It gives the child the ability to think deeply, discover the meaning of life, and search for a spiritual goal.
- c. Building identity and belonging: The religious aspect contributes to building the child's identity and strengthening his belonging to a particular religious or cultural community. Religion helps the child understand his place in the world and enhances his sense of belonging and positive interaction with others.
- d. Coping and endurance: The religious aspect gives the child the strength and endurance to deal with the challenges and difficulties in life. It teaches him how to handle stress and endurance in difficult times, and provides him with spiritual and mental support to overcome daily challenges.
- e. Moral guidance and correct decisions: The religious aspect acts as a guide and an ethical framework that guides the child in making correct and responsible

decisions in his life. The religious aspect teaches him the difference between right and wrong and helps him make decisions based on moral values.

- f. Happiness and psychological comfort: The religious aspect enhances the happiness and psychological comfort of the child. It gives him hope, confidence, and reassurance that there is a great power that cares for and protects him, and this enhances the feeling of inner peace and psychological comfort.

In short, the religious aspect contributes to the comprehensive upbringing and development of the child's personality, as it provides moral guidance, spiritual values, and inner strength that helps him to endure, develop, and achieve success and happiness in his life.

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#### **4. Positive impact on values and morals:**

Religious education positively affects a child's values and morals in several ways:

- a. Instilling moral values: Religious education helps in instilling noble moral values in the heart and mind of the child, such as honesty, justice, tolerance, generosity, and humility. By teaching the child religious stories and teachings, he learns values and realizes the importance of applying them in his daily life.
- b. Developing correct decisions: Religious education enhances the child's ability to make correct and responsible decisions. Through religious education, the child learns the standards of righteous behavior and good deeds, enabling him to make decisions based on moral values and religious teachings.
- c. Promoting tolerance and cooperation: Religious education encourages children to tolerate and cooperate with others. The child learns the value of respecting and appreciating differences and cooperation with different individuals in the community, and this positively affects social relations and community development.

- d. Instilling morals in behavior: Religious education helps in linking values and morals with practical behavior. Moral values are reinforced by teaching the child religious models and stories that highlight good behaviors and good deeds that he can follow.
- e. Enhancing chivalry and devotion: Religious education promotes chivalry and devotion in the child, as he knows that good work and giving to others is an essential part of worship and community service.
- f. Enhancing the human sense: Religious education contributes to enhancing the child's human sense, as he learns that mercy, empathy, and justice are basic values in religion. The ability to understand and help others and to work for the common good is enhanced.

In general, religious education works to build strong values and morals in the child's personality and influences the formation of his behavior and attitudes towards others and society as a whole. Religious education is one of the important tools for developing a child's personality and preparing him for a future life full of good values and morals.

#### **5. Developing spiritual awareness:**

First: the concept of spiritual awareness spiritual awareness is awareness of the spiritual side of oneself and connection with the spiritual and moral dimensions of life. It is the ability to meditate and think about the deep meanings and spiritual dimensions of existence. Spiritual awareness is about the expansion of consciousness to include deeper and more meaningful dimensions of life.

Spiritual awareness involves focusing on the spiritual dimensions of oneself and one's relationship to a higher, divine, or cosmic power (according to various religious beliefs). Spiritual awareness is an individual, personal experience, in which a person seeks to understand the deep truths and spiritual meanings of life and searches for spiritual purpose and meaning.

Spiritual awareness can include activities such as meditation, prayer, inner listening, self-exploration, and the search for spiritual growth and development. Spiritual awareness is part of personal growth and spiritual development, and contributes to achieving happiness, psychological comfort, and overall balance for the individual.

It is important to note that the concept of spiritual awareness varies from culture to culture and religion to religion, and can have various interpretations according to individual beliefs and attitudes.

Second: The spiritual development caused by the child's religious education is related to the growth and development of the individual's spiritual, mental and emotional side. Here are some important aspects of the spiritual development that can result from a child's religious education:

- a. Spiritual awareness: Religious education helps the child develop spiritual awareness, which is the ability to think and reflect on the spiritual and moral dimensions of life. The child is encouraged to explore deep spiritual questions and seek a spiritual purpose for their life.
- b. Contact with the Higher Power: Religion helps the child develop his relationship and connection with God or the higher power in which he believes. The child learns that he is not alone in the world and that he can count on spiritual support and guidance in his life.
- c. Deep thinking: Religious education helps the child develop deep thinking and meditation on spiritual and moral matters. Religion encourages the child to reflect on the meaning of life and to reflect on spiritual issues and the deeper dimensions of existence.
- d. Positivity and Hope: The religious aspect provides the child with positivity and hope in life. The child knows that there is a great power that cares for and protects him, and this enhances his sense of safety and inner peace
- e. Happiness and psychological comfort: The spiritual development brought about by the religious aspect helps the child achieve happiness and psychological comfort. He receives spiritual support that helps him deal with challenges and difficulties in life positively.
- f. Orientation towards goodness: Religion encourages children to turn towards goodness and giving to others. The child learns the value of helping others and working for the common good.

- g. In general, the spiritual development brought about by the religious education of the child aims to enhance his sense of spiritual purpose in life and to provide him with the necessary spiritual support to achieve balance and comprehensive growth in all aspects of his life.

6. Indicative and ideal power:

Religiously raising a child provides him with guidance and exemplary power in several aspects:

- a. Ethics and values: Through religious education, the child learns noble values and morals that represent the basic basis for his behavior. The child is exposed to the moral ideal in religious stories and teachings and learns how to act on those values in his daily life.
- b. Religious figures: Religion contains a group of inspiring and exemplary religious figures, such as prophets, saints, and righteous people. The child is provided with stories and models that make him feel inspired and motivated to emulate their behavior and ideals in his daily life.
- c. Religious example: Faithful parents and teachers provide a religious example for the child. The child witnesses the application of religious values and teachings in the behavior and actions of those religious role models surrounding him, which positively affects his behavior and the development of his personality.
- d. Religious Laws: Religion defines a set of laws and guiding orders that govern an individual's behavior. These laws and religious injunctions promote commitment and discipline in the child and provide an ideal framework for making correct and responsible decisions.
- e. Spirituality and Worship: Religion encourages the child to connect with the higher power through prayer and worship. The child experiences spirituality and harmony with the spiritual world, which gives him a sense of connection to divine power and directs his behavior toward goodness and piety.
- f. Raising a child in the religious form is characterized by providing strong models and ideal role models that guide the child's behavior and inspire him to follow the right path. It promotes positive values and noble morals and provides the child



with an ideal framework for the development of his personality and spiritual and moral growth.

### **7. The ability to think continuously:**

Related to influence on related to nature:

- a. Analysis and deep thinking: Through religious education, the child is encouraged to analyze and think deeply about religious and moral issues. The Bible carries religious concepts.
- b. Reasoning and Logic: Religious education encourages the child to use reasoning and logic in understanding religious stories and religious beliefs. The child learns how to apply logic and reasoning related to understanding concepts and drawing lessons and teachings from them.
- c. Question 1.2.31; Asking questions about questions about printing, printing, printing, printing, through study and tracing. Thinking thinking.
- d. Evaluation and Discernment: Religious education teaches the child how to evaluate and discriminate between different ideas and beliefs. The child learns to bake ideas and proofs.
- e. Relating thinking about morals: Religious education helps the child to think about moral issues. Learns how to make logical thinking step by step.

Generally speaking, specializing in vocabulary and superior employees helps in thinking, troubleshooting, working on applying logic, and making use of employees. Your confidence is the patriotic education of a child and helps him to acquire the critical and reflective abilities necessary to understand the world from a religious perspective.

### **8. Balance with scientific and technological development:**

Achieving scientific and technological balance in the religious education of the child requires a set of methods and practices that combine religious, scientific, and technological elements. Here are some tips to help strike that balance

- a. Religious education based on scientific foundations: Scientific and technological balance can be achieved by providing religious education on sound scientific foundations. Religious education should be directed based on religious concepts

and teachings rooted in the original religious sources, with the provision of scientific evidence and arguments that support these concepts.

- b. Balance between scientific studies and religious studies: A balance must be achieved between scientific studies and religious studies in educational programs. The child should have the opportunity to study scientific and technological subjects, such as science, mathematics, and technology, in addition to studying religious and moral subjects.
- c. Balance between technological tools and religious resources: Technology can be used to promote religious education, for example, through the use of available digital educational applications and resources. However, the use of technology should be balanced with the use of traditional religious resources, such as religious books and articles, and participation in religious activities and traditional rituals.
- d. Real Interaction and Experience: The child should have the opportunity to have real interaction with religious practices and direct experience. This can be achieved by participating in community prayers, worship, and religious activities, which helps the child to experience religion personally and apply it in his daily life.
- e. Religious guidance in the use of technology: The child should be guided in using technology consciously following religious teachings. The balance between science and religion can be enhanced by guiding the child in using technology in a way that supports religious and moral values and promotes a balance between the material and spiritual worlds.

By choosing a balanced methodology in religious education, a scientific and technological balance can be achieved in the upbringing of the child, allowing him to benefit from the benefits of science and technology and to comprehensively understand issues of religion and spirituality.

#### **9. The supporting force of the family:**

Religious education can be supportive of the family on many levels. Here are some ways that religious education contributes to the support of the family:

- a. Family values: Religious education promotes important family values such as love, tolerance, giving, and respect. Children learn religious family values through religious teachings and community activities, which enhances communication and cooperation in the family.

- b. **Family Spirituality:** Religious education encourages family spiritual communication and joint worship. It can encourage the family to perform prayers, read from the Bible or the Qur'an, and have religious dialogues, which strengthen spiritual and spiritual bonds between family members.
- c. **Social Connection:** Religious education provides opportunities for the family to integrate into the local religious community. By participating in church activities or religious rituals and social events, the family can build strong relationships with others of similar beliefs, promoting social belonging.
- d. **Ethics and Behavior:** Religious education promotes positive and ethical behaviors in family members. Through religious teachings, children learn the values of justice, honesty, patience, and mercy, which contribute to building good moral behavior and positive relationships within the family.
- e. **Communication and cooperation:** Religious education encourages communication and cooperation between family members. By participating in joint religious activities, interfaith dialogues, and participating in social service, communication and cooperation between family members are enhanced.
- f. **Guidance and Support:** Religious education provides a framework for guidance and support for the family. Religious teachings strengthen the family with guidance in making life decisions and in facing challenges, which helps the family to develop and grow.

In general, religious education contributes to strengthening family values, strengthening family and spiritual ties, and providing a supportive environment for the personal and social growth of family members.

#### **10. How can religious education affect a child's personality?**

Religious education can greatly affect a child's personality in several ways:

- a. **Promoting values and morals:** Teaching the child through religious education noble values and morals, such as honesty, justice, benevolence, tolerance, and humility.

These moral values reinforce the child's personality and guide him towards good behavior and good manners.

- b. Directing behavior: Religious education provides the child with a specific framework for guiding his behavior. Through religious education, the child learns what to do and what to avoid according to religious teachings and commands, which helps him to achieve a balance in his life and avoid harmful behaviors.
- c. Promoting spiritual awareness: Religious education helps the child develop spiritual awareness, which is the ability to think and reflect on the spiritual and moral dimensions of life. The child is encouraged to explore deep spiritual questions and search for a spiritual purpose in his life, which contributes to broadening his vision and promoting personal growth.
- d. Promoting justice and tolerance: Religious education teaches children the value of justice and tolerance. The child is encouraged to treat others with justice, tolerance, and non-retaliation, and this contributes to building positive relationships and a cohesive society.
- e. Promoting positivity and hope: The religious aspect provides the child with positivity and hope in life. The child knows that there is a great power that cares for and protects him, which enhances his sense of safety and inner peace and positively affects his personal development.
- f. Promoting service and giving: Religious education urges children to serve others.

A graph showing the influence of religion on a child's character, and How does it affect the child's spiritual awareness :

‘This chart shows the difference between a child who has spiritual awareness and one who does not.’

-Because the child who has a spiritual awareness is certainly with a strong religious upbringing, so he is in a pace of success and development, and the psyche is fairly stable.

-Contrary to that child who does not have spiritual awareness and a strong religious side, will struggle and succeed in life, but he will fall many times because of pressures, that is, he will go through them, whether psychological or otherwise.

Inspirational and successful:

- a) Muhammad SWT : The Prophet Muhammad is a role model for Muslims in Islam. Through the strength of his faith and teachings, he was able to guide and inspire Muslims and achieve great success in spreading Islam.
- b) King Salman bin Abdulaziz Al Saud: He is the king of the Kingdom of Saudi Arabia, and considers religion an essential part of his life and political trends. King Salman is an example of leaders who rely on religious values to make decisions and guide the country.
- c) Malcolm X was an American activist for the rights of African Americans and a leader of the civil rights movement. After converting to Islam during his imprisonment, he found tremendous strength in the religion and became a powerful voice for Muslims and the fight against racial discrimination.
- d) Malik El-Shabazz: Founder of the software company "Shabazz" in India. El Shabazz is considered a role model for Indian youth, as he demonstrated his willpower and dedication to work through his religious values. He is considered a role model for success in the world of business and technology thanks to his religious inspiration.

These inspiring and successful people strengthen their strength because of religion, and they have been able to achieve remarkable achievements and positive impact in their communities.

### **CONCLUSION:**

In conclusion of this article, we find that religious education plays a decisive role in shaping the child's personality. It promotes noble values and morals and directs behavior towards goodness and good morals. It promotes spiritual awareness and guides the child in exploring the spiritual dimensions of life. It encourages justice and tolerance and promotes positivity and hope in life. In addition, religious education promotes service and giving and positively affects the child's relationships and interaction with society.

The influence of religious education on a child's personality is a comprehensive and multidimensional process. It affects the child's spiritual, moral, social, and mental development. By providing him with religious values and teachings, the child can build his religious identity and human civilization.

Relying on religious education, the child can become a more aware, positive, and responsible person. It provides him with a strong moral framework that guides him in his life path and helps him make wise and responsible decisions.

Therefore, caring for a child's religious education is a valuable investment in the development of his personality and comprehensive growth. It is the pillar that guides him towards enduring values and deep meaning in life. By achieving a healthy balance between religious, scientific, and technological education, we can secure a bright future for our children and distinguished morals.

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